

**March is Kidney Health Awareness
Month**

Early Detection of Chronic Kidney Disease

Diabetes and hypertension are the leading causes of Chronic Kidney Disease (CKD). Other risk factors include obesity, family history of CKD, history of acute kidney injury, patients over the age of 60 and being a member of a minority race or ethnicity.

- Because CKD is often asymptomatic, many patients are unaware they have the disease until it has progressed to later stages.
- Early identification of CKD in your at-risk patients creates the opportunity to slow or prevent the progression of this disease and can result in decreased hospitalizations and costs.
- Understanding who has CKD allows you to provide education, develop treatment plans and goals or refer outside your practice as needed to help facilitate better outcomes for these patients.

The American Diabetes Association and the National Kidney Foundation recommend annual screening for patients with diabetes using both the eGFR and uACR lab tests. (Patients with diabetes can have changes in either their eGFR, uACR or both, so it is important to track both tests). Together the two tests, also known as the Kidney Profile, provide key information about kidney health, including determining CKD stage and risk of progression.



Urine Dipstick

A urine dipstick may be part of your protocol to treat patients. Please note a urine dipstick **DOES NOT** count towards the KED measure.

eGFR-Estimated Glomerular Filtration rate measures kidney function through filtration rate and is determined via a blood test.

- Creatinine Blood- CPT Code 82565 **or**
- Any of the Blood Panels which contain this test: 80047, 80048, 80050, 80053, 80069

uACR-Urine Albumin Creatinine Ratio measures kidney damage through albuminuria levels found in the urine, however, there is not one CPT code for this measurement it is a combination of 2 separate tests:

- Quantitative Urine Albumin Test – CPT Code 82043 **and**
- Urine Creatinine Test – CPT Code 82570

Resources for Patients and Providers: Are You the 33% Campaign is a strategic digital campaign from NKF focused on reaching, educating, and empowering those most at risk for CKD to take control of their kidney health -it is available at www.nkm.org/areyouthe33

Thank you for the quality care you deliver!

PCP Feedback (Please print)

Comments, requests, questions, etc.: FAX to **810-600-7985**

PCP Name/Office Name _____

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Email _____